

GOOSE CREEK CISD FITNESS CENTER

IN PARTNERSHIP WITH

Methodist
DAYTOWN HOSPITAL



GOOSE CREEK CISD WELLNESS CENTER

Monday-Friday, 5 AM-8 PM
Saturday & Sunday, 8 AM-8 PM

2610 N. Alexander Drive
281-421-4430



FOR FULL-TIME
EMPLOYEES



BADGE REQUIRED

NO CHILDCARE
AVAILABLE ONSITE

DRESS CODE:

Shirt, closed-toed athletic shoes, proper workout attire, water bottle, towel and mask are required. No exposed midriff. Please bring your own towels.

LOCATED IN
EDUCATION
SERVICE CENTER



EQUIPMENT PRESENT:

- CARDIO
- WEIGHT MACHINES
- FREE WEIGHTS
- YOGA EQUIPMENT

INCENTIVES

Sign-in Kiosk available upon exiting to track time spent in the Wellness Center (Fitness).

Time spent in the facility will tie into incentives for our Wellness Program.

The GCCISD Wellness Center (Fitness) is designed to promote a healthy environment for our employees to exercise and reach their fitness goals while reducing our absenteeism concerns at the campus.

